



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 1 Mens 800m F Race

7:00pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Gareth Ward	Richmond Harriers	2091	2.24.0
2	Robert Adin	South Melbourne	1951	2.25.0
3	Robert Doughty	South Melbourne	4276	2.25.0
4	Riley Thompson	Doncaster	2934	2.25.0
5	Connor Ogilvie	Box Hill	2669	2.27.0
6	Bailey Sharp	Western Athletics	1366	2.27.0
7	Andrew Kilpatrick	Athletics Essendon	4172	2.45.0
8	Max Thompson	Doncaster	2525	2.48.0
9	James Brennan	Athletics Essendon	4125	2.50.7
10	Kieran Dell	Richmond Harriers	1603	2.55.3
11	Austen Mates	Richmond Harriers	3088	2.57.0
12	Stephen Murphy	Athletics Essendon	1429	3.13.0



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 2 Mens 800m E Race

7:06pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Mickael Soussan	Glenhuntly	3302	2.11.5
2	Ayrton Redmore	Western Athletics	1751	2.13.7
3	Charlie Thompson	Doncaster	3460	2.13.9
4	Eamonn Murphy	Glenhuntly	1678	2.15.0
5	Noel White	Athletics Essendon	2025	2.15.0
6	Alistair Strutt	Glenhuntly	3116	2.16.0
7	Benjamin Mckenzie	Diamond Valley	1800	2.17.0
8	Edward Marks	Glenhuntly	3289	2.20.0
9	Joel Mcgill	Mornington Peninsula	0	2.21.0
10	Hugh Delaney	Diamond Valley	2401	2.21.1



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 3 Womens 800m D Race

7:11pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Cate Gifford	Old Xaverians	1756	2.30.0
2	Monica Clarke	Old Xaverians	3938	2.30.0
3	Carmel Moorhead	St Stephens Harriers	1388	2.34.0
4	Vanessa D'Andrea	Athletics Essendon	2603	2.34.0
5	Stephanie Higham	Athletics Essendon	1582	2.35.0
6	Sarah Burren	Knox Athletics	0	2.35.0
7	Heather Whitaker	Mentone	2194	2.37.0
8	Amber Louw	Collingwood Harriers	2283	2.38.0
9	Carly Atkinson	Box Hill	1038	2.53.0
10	Megan Pratt	Casey Cardinia	2038	3.20.0
11	Laura Salau	Western Athletics	2477	3.31.2



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 4 Mens 800m D Race

7:17pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Shaun Hargreaves	St Kevins AAC	4884	2.06.5
2	Austin Hunter	Box Hill	2364	2.07.0
3	Michael Comport	Glenhuntly	1263	2.07.0
4	Mark Andrews	Victorian Running Network	0	2.07.0
5	Tim Hui	Melbourne University	1397	2.07.2
6	David Park	Melbourne University	0	2.08.0
7	Aaron Little	St Kevins AAC	2817	2.10.0
8	Glen Coleman	Eureka	4347	2.10.10
9	Matthew Bagnara	Diamond Valley	2137	2.10.3
10	Brendon Drain	South Melbourne	1624	2.11.0



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 5 Womens 800m C Race

7:22pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Aimee Lane	Western Athletics	1211	2.27.0
2	Molly Dixon	Yarra Ranges	4527	2.27.0
3	Alexie Barlow	Western Athletics	1618	2.28.0
4	Sarah Guy	Athletics Essendon	2244	2.28.0
5	Shania Murray	Diamond Valley	173	2.29.0
6	Holly Hart	Old Xaverians	3983	2.30.0
7	Ruby Dixon	Yarra Ranges	2086	2.30.0
8	Elizabeth French	Athletics Essendon	1510	2.30.0
9	Clare O'Shea	Doncaster	3608	2.30.0
10	Corinne Kilpatrick	Athletics Essendon	2023	2.30.0



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 6 Mens 800m C Race

7:27pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Jack Bullock	Glenhuntly	1271	2.00.5
2	Sean Whipp	Frankston	0	2.01.0
3	Steven Bonfadini	Mornington Peninsula	1421	2.01.2
4	Josh Logan	Diamond Valley	1859	2.01.9
5	Yohan Philip	Melbourne University	2463	2.03.4
6	Craig Sanford	Athletics Waverley	2071	2.03.7
7	David Page	Victorian Running Network	0	2.05.0
8	Michael Holloway	Glenhuntly	4623	2.05.3
9	Angus Donnelly	South Melbourne	3852	2.05.9
10	Tom Russell	Old Scotch Collegians	3777	2.06.0



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 7 Womens 800m B Race

7:32pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Grace Kalac	Box Hill	2417	2.20.0
2	Isabelle Gerardi	Athletics Essendon	1466	2.20.0
3	Alexandra Lyster	Doncaster	3606	2.22.0
4	Emily Robertson	Knox Athletics	1563	2.23.0
5	Jess Hepworth	Box Hill	3989	2.23.0
6	Tamzin Hall	South Melbourne	3021	2.24.0
7	Kellie Mcleod	Eureka	2847	2.25.0
8	Karoline Curtis	Williamstown	4647	2.25.4
9	Jessica Welford	Mentone	3334	2.25.6



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 8 Mens 800m B Race

7:37pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Cameron Clayton	St Stephens Harriers	0	1.57.0
2	Nick Baggott	Box Hill	2113	1.57.3
3	Tom Mcfarlane	Glenhuntly	3319	1.58.2
4	Jordan Crane	Glenhuntly	3849	1.58.4
5	Chris Downie	Western Athletics	2181	1.58.5
6	Neil Brennan	Mentone	3126	1.58.9
7	Patrick Bryce	Glenhuntly	4343	1.59.4
8	Tom Vernon	Athletics Essendon	4661	1.59.8
9	Nicholas Benca	Athletics Essendon	1273	1.59.8
10	Steve Fabris	St Kevins AAC	4529	2.00.0
11	Raymond Chan	Box Hill	2488	2.00.1



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 9 Womens 800m A Race

7:42pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Cara Peake	Geelong Guild	2206	2.10.5
2	Ellen Schaef	Melbourne University	2452	2.12.6
3	Natasha Typuszak	Wendouree	248	2.13.9
4	Natalia Vanzo	Sandringham	3019	2.16.0
5	Connor Gist	Doncaster	0	2.17.0
6	Celia Cosgriff	Ringwood	3450	2.17.5
7	Georgina Ryan	Old Xaverians	2157	2.17.7
8	Genevieve Wah	Box Hill	1647	2.19.0
9	Becky Pile	Athletics Essendon	4607	2.19.2



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 10 Mens 800m A Race

7:47pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Nick Finch	Doncaster	2562	1.54.0
2	Tim Crane	Glenhuntly	3944	1.54.7
3	Stephen Knuckey	Knox Athletics	4487	1.55.0
4	Lachie Connell	St Stephens Harriers	2097	1.55.0
5	Ashley Humphrey	South Melbourne	4422	1.55.7
6	Josh Nolan	Victorian Running Network	0	1.55.9
7	Jack Marquardt	Glenhuntly	1316	1.56.5
8	Mitchel Brown	Athletics Essendon	1074	1.56.6
9	Sam Blake	Melbourne University	2399	1.56.9



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 11 Mens 3000m G Race

7:55pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Jackson Glover	Western Athletics	1518	10.44.0
2	Joe Rainer	South Melbourne	2043	10.45.0
3	Philip Champion	Diamond Valley	1418	10.45.0
4	Daniel Grossman	South Melbourne	1627	10.45.0
5	Bailey Siwek	Western Athletics	3813	10.46.0
6	Dino Imbriano	Athletics Chilwell	1301	10.50.0
7	Timothy Thomas	Melbourne University	1319	10.52.0
8	Steve Brennan	Williamstown	3000	10.55.0
9	Ashley Snowden	Malvern Harriers	2641	10.56.0
10	Daniel Loader	Glenhuntly	2371	11.00.0
11	Mark Hayes	South Melbourne	2053	11.00.0
12	Paul Thomas	Williamstown	1947	11.16.0
13	Thomas Glover	Western Athletics	1521	11.19.3
14	Michael Silvester	South Melbourne	1506	11.30.0
15	David Cobb	South Melbourne	1360	11.30.0
16	Ben Mudie	Western Athletics	1065	12.23.0
17	Alan Jones	Western Athletics	1898	13.00.0
18	Andrew Kincaid	South Melbourne	1553	13.00.0



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 12 Mens 3000m F Race

8:11pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Brandon Muscat	Western Athletics	1400	10.08.0
2	Robert Jones	Deakin	3369	10.10.0
3	Danny Hawksworth	Athletics Essendon	1559	10.12.8
4	Mac Anderson	Box Hill	2362	10.15.0
5	Tom Sellwood	Box Hill	204	10.15.0
6	Luke Hodgart	Western Athletics	1133	10.15.0
7	Matthew Zonneveldt	Athletics Waverley	2370	10.20.0
8	Mark Deslandes	Athletics Nunawading	1348	10.20.0
9	Corey Lawson	South Melbourne	1752	10.20.0
10	Greg Semmler	Diamond Valley	1880	10.20.5
11	Antonio Giuliani	Athletics Essendon	1467	10.22.3
12	Charlie Close	Williamstown	1936	10.24.0
13	Mason Whittingham	Williamstown	1968	10.24.0
14	David Mellings	Athletics Nunawading	1019	10.28.0
15	Mikael Waltersson	South Melbourne	1206	10.29.8
16	Aaron Murphy	South Melbourne	1907	10.30.0
17	Howard Sharp	South Melbourne	2257	10.30.0
18	Roland Burke	Athletics Essendon	1128	10.30.4
19	Scott Lawrence	Box Hill	1916	10.40.0



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 13 Womens 3000m B Race

8:25pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Brianna Bunworth	Western Athletics	1449	10.37.0
2	Cassie Dege	Corio	2203	10.38.0
3	Nardine Bainbridge	Western Athletics	1382	10.40.0
4	Claire Hodgart	Western Athletics	1131	10.43.0
5	Alyssa Bearzi	Williamstown	2039	10.46.6
6	Sharon Firisua	Glenhuntly	1461	10.50.0
7	Rebecca Barry	Old Xaverians	2784	10.50.0
8	Shannon Mcdade	Ringwood	2368	10.52.0
9	Lauren Crowe	Diamond Valley	1758	10.55.0
10	Brianne Hook	Athletics Chilwell	3131	10.56.0
11	Bella Enno	Frankston	2239	11.00.0
12	Whitney Sharpe	St Stephens Harriers	1457	11.00.9
13	Claire Walpole	Doncaster	2526	11.05.5
14	Jessica Campbell	Diamond Valley	2053	11.15.0
15	Rhiannon White	Eureka	3656	11.33.0
16	Morgan Costelloe	Doncaster	3946	11.43.0
17	Martine Botha	Melbourne University	2288	11.45.0
18	Katherine Alexander	Glenhuntly	2986	11.51.0
19	Olivia Harper	Box Hill	4305	12.00.0
20	Laura Campbell	Diamond Valley	2054	12.05.0
21	Jo Pratt	Casey Cardinia	2037	12.09.0
22	Michelle Martin	Athletics Chilwell	2953	12.09.0
23	Samantha Smith	Richmond Harriers	1226	14.00.0



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 14 Mens 3000m E Race

8:42pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Keith Cassilles Southgate	ACT	0	09.25.0
2	Gerard Robb	South Melbourne	3645	09.26.0
3	Mark Corbyn	South Melbourne	1545	09.27.0
4	Hamish Beaumont	Melbourne University	1805	09.28.0
5	Luke Searle	Western Athletics	2863	09.32.0
6	Fred Smithers	Melbourne University	2464	09.33.0
7	Beau Lang	Glenhuntly	1353	09.36.0
8	Ethan Anthony	Mornington Peninsula	1234	09.38.0
9	Tom Kelly	Athletics Essendon	2586	09.39.3
10	Ryo Tsukui	South Melbourne	1177	09.40.0
11	Jack Powell	Glenhuntly	1570	09.40.0
12	Ben Haseler	Old Xaverians	2857	09.40.3
13	Andrew Johnson	Mentone	1694	09.43.0
14	Damien Cusack	Diamond Valley	1202	09.45.3
15	Mason Scott	Athletics Essendon	1081	09.47.0
16	Shane Bishop	Mornington Peninsula	1228	09.47.0
17	Jake Champion	Diamond Valley	1418	09.55.0
18	Samuel Spicer	St Stephens Harriers	1244	09.55.0
19	Ramen Nayar	South Melbourne	1379	09.56.0
20	James Atkinson	Athletics Waverley	1450	09.57.0
21	Lachlan Enno	Frankston	2240	10.00.0
22	Luke Goodman	St Kevins AAC	1300	10.01.0



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 15 Mens 3000m D Race

8:55pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Bouchaib Chefnaoui	Box Hill	3794	09.01.0
2	Julian Badari	Box Hill	4990	09.01.0
3	Lochie Lyness	Casey Cardinia	1119	09.02.0
4	Eamon Anderson	Deakin	1641	09.03.0
5	Mark De Campo	Deakin	2652	09.04.0
6	Daniel Dunstone	Athletics Chilwell	128	09.05.0
7	Luke Whitmore	Diamond Valley	4179	09.08.0
8	Adrian Phelan	Athletics Essendon	2947	09.08.5
9	Charlie Park	Melbourne University	1832	09.09.0
10	David Paroissien	Melbourne University	1254	09.10.2
11	Michael Mirindi	Athletics Chilwell	2393	09.12.0
12	Daniel Mitchell	St Stephens Harriers	1655	09.15.0
13	Thomas Rebesco	Western Athletics	1136	09.15.0
14	Rob Schwerkolt	Box Hill	1808	09.15.0
15	Aaron Mckenzie	Diamond Valley	1798	09.15.0
16	Brent Lalor	Athletics Chilwell	TBC	09.19.0
17	Andre Waring	Box Hill	5059	09.20.0
18	Indiana Cooper	Western Athletics	2766	09.20.0
19	Aidan Woodhouse	Old Xaverians	1867	09.21.0
20	Cameron Simon	Diamond Valley	1822	09.21.0
21	Mason	Athletics Essendon	1081	09.25.0
22	Kirk Shanahan	Western Athletics	1403	09.25.0



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 16 Mens 3000m C Race

9:08pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Jesse Fullerton	Eureka	410	08.46.0
2	Lachlan Aspinall	Athletics Chilwell	1596	8.46.00
3	Scott Mckenzie	Box Hill	2492	08.48.0
4	Henry Kiellerup	Knox Athletics	1718	08.50.0
5	Daniel Hutchinson	Athletics Chilwell	1579	08.50.0
6	Cillian Jansen	Athletics Waverley	2344	08.50.0
7	Jai Edmonds	Collingwood Harriers	2280	08.50.0
8	Toby O'Brien	Athletics Essendon	1151	08.50.0
9	Samuel Toll	Glenhuntly	1280	08.51.0
10	Jarrod Woods	Diamond Valley	135	08.52.0
11	Liam Cashin	Western Athletics	1058	08.52.0
12	Ryan Norman	Eureka	1856	08.54.0
13	James O'Connell	Box Hill	1378	08.54.2
14	Eddie Wilson	Knox Athletics	2132	08.55.0
15	Jamie Cook	Bendigo Harriers	243	08.58.0
16	Andrew Reddie	Doncaster	2999	08.58.5
17	Matthew Schaumberg	Western Athletics	1523	08.59.0
18	Klarie McIntyre	Box Hill	2679	09.00.0
19	Alan Vernal	Athletics Nunawading	1611	09.00.0
20	David Friend	Knox Athletics	1954	09.00.0



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 17 Mens 3000m B Race

9:21pm

No	Name	Club Name	AV Bib No.	Recent Best
1	James Whelan	Old Xaverians	3363	08.35.0
2	Kevin Craigie	St Stephens Harriers	1243	08.35.0
3	Simon Bevege	Collingwood Harriers	1367	08.39.0
4	Daniel Barlow	Western Athletics	2958	08.39.0
5	Dane Verwey	Frankston	2166	08.40.0
6	Jack Davies	Eureka	110	08.40.0
7	Julian Oey	Deakin	2576	08.40.0
8	Dean Neofitou	Diamond Valley	2427	08.42.5
9	Tim Logan	Diamond Valley	1860	08.42.9
10	Peter Green	Box Hill	2489	08.44.0
11	Frankie Conway	Melbourne University	3673	08.44.0
12	Michael Preece	Collingwood Harriers	1115	08.44.7
13	Ben Kelly	Glenhuntly	102	08.45.0
14	James Whelan	Old Xaverians	3363	08.45.0
15	Cody Shanahan	Western Athletics	1402	08.45.0
16	Thomas Thorpe	St Stephens Harriers	2327	08.45.0
17	Troy McGill	Mornington Peninsula	148	08.45.0
18	Nathan Buschkuehl	Frankston	2351	08.45.8



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 18 Womens 3000m A Race

9:35pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Gemma Maini	Frankston	2165	09.28.0
2	Sinead Diver	South Melbourne	94	09.45.0
3	Nicole Roberts	Box Hill	5066	09.45.0
4	Virginia Moloney	Collingwood Harriers	1086	09.46.0
5	Amelia Aslanides	Glenhuntly	1536	09.46.5
7	Sarah Mcsweeney	Melbourne University	91	09.52.0
8	Tarli Bird	Glenhuntly	61	09.55.0
9	Erin Rayner	Athletics Essendon	2418	09.55.0
10	Emilie Guy	Athletics Essendon	108	10.01.0
11	Erchana Murray-Bartlett	Collingwood Harriers	1681	10.10.0
12	Alexandra Paterson	Old Xaverians	2256	10.11.0
13	Sam Prime	Knox Athletics	1537	10.15.0
14	Anna Kasapis	Athletics Essendon	2447	10.17.3
15	Stephanie Kondogonis	Keilor St Bernards	1550	10.20.0
16	Kate Seibold	Knox Athletics	1552	10.20.0
17	Brigitte Seeley	Athletics Nunawading	1638	10.31.0
18	Charlotte Wragg	Knox Athletics	3710	10.35.0
19	Anna Macdonald	Knox Athletics	2074	10.35.0



VMC 2015-16 Meet 1 - Lakeside Stadium

Race 19 Mens 3000m A Race

9:49pm

No	Name	Club Name	AV Bib No.	Recent Best
1	Adam Pyke	Knox Athletics	3047	08.15.3
2	Martin Mashford	Melbourne University	84	08.16.0
3	Toby Rayner	Glenhuntly	95	08.17.0
4	Jordan Nelson	Knox Athletics	3132	08.21.6
5	Ben Buckingham	St Stephens Harriers	1732	08.22.0
6	Julian Spence	Athletics Chilwell	1046	08.25.0
7	Mark Richards	Knox Athletics	2008	08.25.0
8	Michael Marantelli	Athletics Essendon	3324	08.26.5
9	William Potter	Box Hill	2099	08.28.0
10	Nick Earl	Melbourne University	1699	08.28.7
11	Matthew Clarke	Old Xaverians	2891	08.29.0
12	Harry Smithers	Old Melburnians	1903	08.30.0
13	James Alexander	Glenhuntly	2812	08.30.0
14	Tim Norton	Ringwood	2552	08.32.0
15	Jack Holden	St Kevins AAC	1459	08.33.0
16	Nathan Percy	Knox Athletics	117	08.34.5
17	Mitchel Brown	Athletics Essendon	1074	08.34.6



VMC 2015-16 Meet 1 - Lakeside Stadium