



VMC Meet 5 - 20th March 2014

Lakeside Stadium Albert Park - Results

Men H 1500m

Place	Name		Gender	Club Name	Bib No.	Time	Recent Best
1	Tim	Hui	M	Melbourne University	2552	4.45.55	4.51.9
2	Anton	Paholek	M	Whittlesea City	2287	4.48.68	4.53.45
3	Nick	Jackson	M	Sandringham	9999	4.57.50	5.02.26
4	Angus	Donnelly	M	Athletics Chilwell	5177	5.03.38	5.10.9
5	Riley	Thompson	M	Doncaster	1934	5.06.61	5.16.32
6	Joe	Tesfai	M	Sandringham	3801	5.12.30	5.05.9
7	Liam	Dell	M	Richmond Harriers	1995	5.17.60	5.17.47
8	Doug	Sandiford	M	Richmond Harriers	2658	5.21.57	5.38.0
9	Connor	Shugg	M	Wendouree	1067	5.31.69	5.40.0
10	Tony	Brain	M	Melbourne University	1548	5.40.89	5.10.0
11	Gareth	Ward	M	Richmond Harriers	2617	5.50.29	5.50.0
12	Austen	Mates	M	Richmond Harriers	2606	6.18.24	5.50.00
13	Kieran	Dell	M	Richmond Harriers	1996	6.21.50	6.12.13



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Men G 1500m

Place	Name		Gender	Club Name	Bib No.	Time	Recent Best
1	William	Grbic	M	South Melbourne	4424	4.32.45	4.37.0
2	Mukund	Premkumar	M	Athletics Waverley	5158	4.34.26	4.40.4
3	Lusas	Pamminger	M	Box Hill	1121	4.40.03	4.37.0
4	Vladimir	Zubko	M	Western Athletics	5079	4.42.39	4.39.9
5	Thomas	Robertson	M	Coburg Harriers	5139	4.42.71	4.39.7
6	Dan	Halliday	M	Malvern Harriers	1773	4.44.23	4.42.9
7	Kirk	Shanahan	M	Western Athletics	2416	4.47.21	4.36.0
8	Saul	Lotzoff	M	Maccabi	1393	4.49.84	4.48.9
9	Jonathan	Clamp	M	South Melbourne	4831	4.50.80	4.47.5
10	Jack	Saunders	M	South Melbourne	4918	4.52.36	4.48.9
11	Adrian	Wrouth	M	Athletics Essendon	1638	5.00.03	4.45.0
12	James	Burren	M	Knox Athletics	1551	5.02.02	4.49.0



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Men F 1500m

Place	Name		Gender	Club Name	Bib No.	Time	Recent Best
1	Tim	Caldwell	M	Doncaster	1936	4.19.34	4.28.00
2	Leigh	Lewellin	M	Athletics Essendon	1239	4.21.86	4.30.0
3	Jaryd	Clifford	M	Diamond Valley	1918	4.22.64	4.26.2
4	Raymond	Chan	M	Box Hill	5234	4.23.56	4.23.0
5	Ben	Scala	M	Old Xaverians	4566	4.23.57	4.24.00
6	Richard	Mullaney	M	NSW	109	4.25.20	4.28.0
7	Shane	Bishop	M	Frankston	1589	4.25.49	4.25.83
8	Travis	Knox	M	Western Athletics	2432	4.27.36	4.25.5
9	Marcus	Hanley	M	Old Xaverians	3012	4.30.79	4.32.0
10	Charlie	Schilling	M	Old Scotch Collegians	3650	4.31.72	4.31.00
11	Aaron	Mckenzie	M	Diamond Valley	5123	4.34.12	4.32.13



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Men E 1500m

Place	Name		Gender	Club Name	Bib No.	Time	Recent Best
1	Justin	Wolsley	M	Frankston	2392	4.13.59	4.19.8
2	Ian	Cayzer	M	TAS	0	4.13.69	4.21.7
3	Andrew	Thomas	M	St Kevins AAC	2696	4.14.99	4.18.7
4	James	Longley	M	Frankston	1108	4.17.37	4.21.9
5	David	Mcdonald	M	Melbourne University	1714	4.18.45	4.21.2
6	Andrew	Law	M	Old Xaverians	1220	4.21.36	4.19.0
7	Beau	Lang	M	Glenhuntly	1334	4.27.45	4.20.1
8	James	O'Connell	M	Box Hill	3322	4.27.70	4.22.1
9	Harry	Coleman	M	Richmond Harriers	5183	4.28.55	4.20.9
10	Rob	Finch	M	Doncaster	1156	4.29.33	4.22.05
11	Aaron	Little	M	St Kevins AAC	2390	4.34.40	4.20.9
12	James	Wrout	M	Athletics Essendon	1637	4.35.15	4.21.0



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Men D 1500m

Place	Name		Gender	Club Name	Bib No.	Time	Recent Best
1	Jordan	Mayston	M	Melbourne University	3321	4.08.78	4.10.0
2	Leigh	Goedecke	M	Melbourne University	1664	4.09.10	4.10.8
3	Tim	Gibney	M	Old Xaverians	233	4.09.12	4.12.9
4	Ned	Snibson	M	Box Hill	1607	4.09.96	4.15.00
5	Antonio	Russo	M	Glenhuntly	2904	4.10.71	4.17.5
6	Vaughan	Smith	M	Box Hill	3245	4.12.90	4.13.9
7	Felix	Lonergan	M	South Melbourne	313	4.13.69	4.15.11
8	Zac	Hunter	M	Box Hill	1508	4.15.03	4.16.1
9	Taylor	Righi	M	Old Melburnians	4691	4.15.95	4.12.0
10	Chris	Winter	M	Glenhuntly	2790	4.16.33	4.16.97
11	Simon	Bowly	M	Glenhuntly	2783	4.28.04	4.13.4



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Women C 1500m

Place	Name		Gender	Club Name	Bib No.	Time	Recent Best
1	Celia	Cosgriff	F	Ringwood	3172	4.56.97	5.10.9
2	Shania	Murray	F	Diamond Valley	2981	4.59.61	5.10.7
3	Katherine	Foley	F	Box Hill	2821	5.08.96	5.19.0
4	Charlotte	Simpson	F	Sandringham	3090	5.10.15	5.30.0
5	Jo	Pratt	F	Casey Cardinia	1401	5.10.45	5.17.5
6	Romany	Seemann	F	Knox Athletics	2728	5.11.77	5.25.9
7	Mia	White	F	Western Athletics	113	5.12.23	5.19.0
8	Niamh	O'Reilly	F	Athletics Waverley	2133	5.15.89	5.17.9
9	Samantha	Cooke	F	Glenhuntly	1316	5.17.99	5.20.00
10	Hannah	Veljanovska	F	Athletics Essendon	3308	5.21.97	5.27.5
11	Kodie	Hultgren	F	Richmond Harriers	3990	5.23.41	5.33.9



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Men C 1500m

Place	Name		Gender	Club Name	Bib No.	Time	Recent Best
1	Nathan	Pearce	M	Western Athletics	2443	3.57.59	4.02.0
2	Nathan	Percy	M	Knox Athletics	119	3.58.20	4.02.9
3	Tony	Crawford	M	Old Scotch Collegians	1384	3.58.31	4.05.9
4	Dean	Neofitou	M	Diamond Valley	188	3.58.41	4.03.20
5	Filip	Cosic	M	Athletics Essendon	1244	3.58.53	4.02.9
6	Julian	Kuppler	M	Glenhuntly	1323	3.59.17	4.02.2
7	Ben	Noske	M	Box Hill	1749	3.59.54	4.07.9
8	Tim	Logan	M	Diamond Valley	3345	4.00.20	4.03.19
9	Alastair	Miller	M	Athletics Essendon	1655	4.02.53	4.05.78
10	Joel	Donnar	M	Athletics Nunawading	3604	4.03.73	4.09.60
11	Nick	Baggott	M	Box Hill	3869	4.07.96	4.04.3



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Women B 1500m

Place	Name		Gender	Club Name	Bib No.	Time	Recent Best
1	Kaitlyn	Egan	F	Frankston	5148	4.45.19	4.51.00
2	Georgie	Buckley	F	Doncaster	4358	4.48.19	4.50.0
3	Stacey	Bulger	F	Glenhuntly	1315	4.48.40	4.50.9
4	Bree	Warren	F	Knox Athletics	241	4.52.50	4.50.0
5	Sophie	O'Sullivan	F	Athletics Waverley	1095	4.57.32	4.56.0
6	Sonia	O'Sullivan	F	Glenhuntly	1184	4.58.51	5.05.9
7	Liana	Fitzpatrick	F	Athletics Essendon	1677	5.01.64	4.50.9
8	Tamzin	Hall	F	South Melbourne	4321	5.03.40	5.05.0
9	Emily	Sharpe	F	Doncaster	3209	5.03.46	5.08.00
10	Charlotte	Wragg	F	Ruyton	4700	5.05.65	5.02.00



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Men B 1500m

Place	Name		Gender	Club Name	Bib No.	Time	Recent Best
1	Dean	Tromp	M	Ringwood	1496	3.54.98	3.55.9
2	Ben	Buckingham	M	St Stephens Harriers	1556	3.55.27	3.55.66
3	James	Alexander	M	Glenhuntly	1432	3.56.04	4.01.40
4	Mark	Richards	M	Knox Athletics	1785	3.56.89	4.00.00
5	Daniel	Young	M	Box Hill	1028	3.56.99	4.00.9
6	Tom	Vernon	M	Athletics Essendon	1644	3.57.25	4.01.9
7	Jack	Avolino	M	Athletics Essendon	1144	3.57.41	3.59.9
8	Jesse	Fullerton	M	Eureka	1255	3.57.73	4.00.2
9	Andrew	Stevenson	M	Knox Athletics	2065	3.58.51	3.55.6
10	Michael	Preece	M	Bendigo Harriers	410	4.01.22	3.59.1
11	Kynan	Dawes	M	Box Hill	1531	4.09.69	3.58.7
12	Baxter	Knight	M	Athletics Essendon	1143	4.16.38	4.00.07



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Women A 1500m

Place	Name		Gender	Club Name	Bib No.	Time	Recent Best
1	Coreena	Cleland	F	Deakin	305	4.26.53	4.20.21
2	Amanda	Paulin	F	Melbourne University	94	4.27.00	4.30.00
3	Grace	Brown	F	Box Hill	1272	4.28.25	4.31.98
4	Claudia	Verstraten	F	Athletics Chilwell	189	4.29.33	4.28.9
5	Anna	Neumaier	F	Glenhuntly	2924	4.34.94	4.38.0
6	Cara	Peake	F	Deakin	4884	4.37.73	4.37.0
7	Jaimie	Vernon	F	Athletics Essendon	1646	4.39.67	4.43.2
8	Sophie	Perry	F	Ruyton	1528	4.40.19	4.42.0
9	Anna	Macdonald	F	Haileybury	2308	4.41.25	4.47.5
10	Amelia	Aslanides	F	Glenhuntly	2794	4.49.65	4.39.9
11	Maxine	Paholek	F	Whittlesea City	133	4.51.27	4.48.40



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Men A 1500m

Place	Name		Gender	Club Name	Bib No.	Time	Recent Best
1	Ryan	Geard	M	Athletics Essendon	58	3.47.73	3.50.27
2	Matt	Russ	M	International	0	3.48.38	3.50.0
3	Nicholas	Wightman	M	Deakin	37	3.48.62	3.52.6
4	Michael	Marantelli	M	Athletics Essendon	3628	3.49.43	3.51.18
5	Lachlan	Aspinall	M	St Stephens Harriers	1631	3.50.50	3.52.6
6	Jack	Rayner	M	Western Athletics	108	3.50.80	3.52.9
7	Michael	Roeger	M	SA	606	3.51.08	3.55.00
8	Lachlan	Rayner	M	Athletics Essendon	1237	3.52.34	3.55.2
9	Andy	Axford	M	SA	0	3.53.84	3.53.01
10	Jeremy	Kirkham	M	Western Athletics	1464	3.54.25	3.55.0
11	Julian	Oey	M	NSW	274	3.56.18	3.53.00