

VMC 2014-15 Meet 4 Box Hill Results



**Race 11 Women's A 1500m**

**8:00pm**

Place	Name	Club Name	Time	Recent Best
1	Coreena Cleland	Deakin	4.24.9	4.25.7
2	Maddison Caulfield	Athletics Essendon	4.27.4	4.27.33
3	Claudia Verstraten	Athletics Chilwell	4.27.8	4.30.9
4	Lauren Ryan	Athletics Essendon	4.34.4	4.32.0
5	Heidi Demeo	Athletics Chilwell	4.35.3	4.37.95
6	Crystal Larcombe	Athletics Chilwell	4.36.0	4.39.9
7	Ellen Schaef	Melbourne University	4.38.2	4.31.9
8	Sarah Waters	Deakin	4.41.1	4.41.69
9	Jaimie Vernon	Athletics Essendon	4.43.9	4.39.9
10	Anna Macdonald	Knox Athletics	4.46.3	4.40.9
11	Stephanie Kondogonis	Keilor St Bernards	5.05.4	4.40.0

**Race 12 Men's A 1500m**

**8:07pm**

Place	Name	Club Name	Time	Recent Best
1	Andy Buchanan	Bendigo University	3.46.4	3.54.0
2	Isaac Hockey	Athletics Chilwell	3.47.5	3.48.5
3	Mitchell Dyer	Box Hill	3.49.6	3.48.0
4	Guy Walters	NSW	3.50.4	3.48.9
5	Ben Buckingham	St Stephens Harriers	3.51.5	3.52.2
6	Jack Holden	St Kevins AAC	3.51.9	3.53.58
7	Andy Axford	SA	3.53.1	3.52.4
8	Julian Oey	NSW	3.54.1	3.53.9
9	Kevin Craigie	St Stephens Harriers	3.54.8	3.52.8
10	Bryce Coles-Sinclair	NSW	3.56.5	3.49.49
11	William Potter	Box Hill	3.57.4	3.53.9
12	Michael Marantelli	Athletics Essendon	4.02.2	3.52.93

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**Race 13 Women's B 1500m**

**8:13pm**

Place	Name	Club Name	Time	Recent Best
1	Maxine Paholek	Whittlesea City	4.37.8	4.43.9
2	Charlotte Bassett	Doncaster	4.42.0	4.42.8
3	Carly McDade	Ringwood	4.42.4	4.43.2
4	Anna Kasapis	Athletics Essendon	4.44.0	4.42.63
5	Hayley Tomlinson	Box Hill	4.45.0	4.50.0
6	Samantha Prime	Knox Athletics	4.48.2	4.54.18
7	Cass Hallam	Wellington Athletics	4.49.6	4.51.0
8	Bree Warren	Knox Athletics	4.50.3	4.48.0
9	Cassie Dege	Eureka	4.54.3	4.42.9
10	Sarah Lewis	South Coast Athletics	5.02.2	4.59.2

**Race 14 Men's B 1500m**

**8:20pm**

Place	Name	Club Name	Time	Recent Best
1	William McCann	SA	3.53.3	3.54.9
2	Jeremy Kirkham	Western Athletics	3.54.7	3.54.2
3	Dean Tromp	Ringwood	3.56.6	3.54.9
4	Daniel Barlow	Williamstown	3.58.4	3.59.9
5	Nathan Percy	Knox Athletics	3.59.4	3.55.5
6	Nick Baggott	Box Hill	3.59.8	3.59.9
7	Filip Cosic	Athletics Essendon	4.01.2	3.55.0
8	Kyle Griffin	Athletics Essendon	4.02.7	4.00.8
9	Harry Smithers	Old Melburnians	4.03.1	3.59.9
10	Michael Preece	Bendigo Harriers	4.03.4	3.58.1
11	Ben Kelly	Glenhuntly	4.05.8	3.59.5
12	Julian Kuppler	Glenhuntly	4.20.4	3.59.1

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**Race 15 Women's C 1500m**

**8:27pm**

Place	Name	Club Name	Time	Recent Best
1	Tamzin Hall	South Melbourne	4.51.9	5.01.33
2	Bronwyn Humphrys	South Melbourne	4.57.1	5.01.9
3	Sharon Firisua	Glenhuntly	4.59.8	5.06.0
4	Julia Averill	Box Hill	5.02.4	5.07.9
5	Ruby Dixon	Yarra Ranges	5.02.6	5.03.9
6	Lily Thompson	Yarra Ranges	5.02.9	5.02.8
7	Kelsey Walton	Frankston	5.04.3	5.15.0
8	Victoria Skaltsonis	Knox Athletics	5.04.6	5.16.9
9	Tess Patterson	Knox Athletics	5.08.9	5.15.0
10	Emily Mizis	Athletics Essendon	5.14.8	5.12.6

**Race 16 Men's C 1500m**

**8:35pm**

Place	Name	Club Name	Time	Recent Best
1	Adrian Mclean	Athletics Nunawading	3.59.7	4.02.3
2	Daniel Hamilton	Glenhuntly	4.00.5	4.03.9
3	Ryan Norman	Eureka	4.02.6	4.02.9
4	Yuan Chow, Lui	Doncaster	4.05.6	4.09.3
5	Cody Williamson	Bendigo Harriers	4.06.1	4.02.9
6	Eddie Wilson	Knox Athletics	4.06.5	4.05.0
7	Lochie Lyness	Casey Cardinia	4.06.9	4.11.0
8	Jacques Verstraten	Athletics Chilwell	4.08.0	4.02.9
9	Chamkaur Dhaliwal	NSW	4.08.2	4.03.14
10	Henry Kiellerup	Knox Athletics	4.09.0	4.02.9
11	David Friend	Knox Athletics	4.10.1	4.05.7
12	Tom Thorpe	St Stephens Harriers	4.15.2	4.11.0
13	Alan Vernal	Athletics Nunawading	4.19.3	4.04.0

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**Race 17 Men's D 1500m**

**8:41pm**

Place	Name	Club Name	Time	Recent Best
1	James O'Connell	Box Hill	4.11.0	4.15.0
2	Cameron Simon	Diamond Valley	4.11.8	4.11.6
3	Toby O'Brien	Athletics Essendon	4.12.3	4.12.0
4	Jack Birmingham	Eureka	4.13.0	4.16.5
5	Jaryd Clifford	Diamond Valley	4.13.0	4.14.5
6	Ian Cayzer	South Melbourne	4.13.2	4.12.1
7	Eamon Anderson	Deakin	4.15.6	4.17.9
8	Erik Ueda	Melbourne University	4.17.5	4.17.9
9	Rob Schwerkolt	Box Hill	4.18.1	4.15.1
10	Jamie Cook	Bendigo Harriers	4.18.6	4.14.9
11	John Portwood	Doncaster	4.20.9	4.20.7
12	Ryhan Thomas	Williamstown	4.23.8	4.20.9

**Race 18 Men's E 1500m**

**8:47pm**

Place	Name	Club Name	Time	Recent Best
1	Rosefelo Siosi	Glenhuntly	4.19.8	4.27.0
2	Mark Corbyn	South Melbourne	4.20.4	4.30.9
3	Lachlan Higgs	Diamond Valley	4.27.1	4.24.6
4	Tim Albiston	Athletics Waverley	4.29.4	4.30.0
5	Lucas Pamminger	Box Hill	4.29.7	4.25.4
6	Austin Hunter	Box Hill	4.32.9	4.31.0
7	James Atkinson	Athletics Waverley	4.33.2	4.32.3
8	Scott Benedict	Ringwood	4.34.1	4.24.0
9	Aaron Murphy	South Melbourne	4.35.6	4.34.9
10	Thomas Rebesco	Western Athletics	4.36.6	4.30.0
11	Noel White	Athletics Essendon	4.37.4	4.35.0
12	Matthew Zonneveldt	Athletics Waverley	4.39.2	4.37.0

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**Race 19 Men's F 1500m**

**8:54pm**

Place	Name	Club Name	Time	Recent Best
1	James Burren	Knox Athletics	4.34.1	4.40.9
2	Jake Champion	Diamond Valley	4.38.0	4.40.9
3	Thomas Bartels	Sandringham	4.38.3	4.40.0
4	Riley Thompson	Doncaster	4.47.9	4.50.9
5	Tom Sheridan	Ringwood	4.49.1	4.39.0
6	Jack Sayer	Collingwood Harriers	4.50.3	4.52.0
7	Ramen Nayar	South Melbourne	4.50.7	4.49.9
8	Phil Champion	Diamond Valley	4.53.1	4.57.9
9	Alan Smyth	South Melbourne	4.54.3	4.52.9
10	Eamonn Murphy	Glenhuntly	4.56.5	4.48.0
11	Lincoln Mah	St Kevins AAC	4.57.2	5.00.0
12	Anton Paholek	Whittlesea City	4.58.4	4.57.9
13	Nick Jackson	Little Athletics	5.00.0	4.55.32